

## Contents of FIRST AID Box

The Dock Workers (Safety, Health & Welfare) Regulations, 1990, SCHEDULE VI - Equipment required for a First-Aid box or cupboard:

1. Twenty-four small sterilized dressings.
2. Twelve medium size sterilized dressings.
3. Twelve large size sterilized dressings.
4. Twelve large size sterilized burn dressings.
5. Twelve (15 gin) packets of sterilized cotton wool.
6. One (200 ml) bottle of cetrimide solution (1%) or a suitable antiseptic solution.
7. One (200 ml) bottle of mercurochrome (2%) solution in water.
8. One (200 ml) bottle of sal-volatile having the dose and mode of administration indicated on the label.
9. One pair of scissors.
10. One roll of adhesive plaster (6 cm x 1 in).
11. Two roll of adhesive plaster (2 cm. x 1 in).
12. Twelve pieces of sterilized eye pads in separate sealed packets.
13. A bottle containing 100 tablets (each of 325 mg.) of aspirin or any other analgesic).
14. One polythene wash bottle (500 cc) for washing eyes.
15. Twelve roller bandages 10 cm. wide.
16. Twelve roller bandages 5 cm wide.
17. Six triangular bandages.
18. One tourniquet.
19. A supply of suitable splints.
20. Two packets of safety pins.
21. Kidney tray.
22. A snake-bite lancet.
23. One (30 ml) bottle containing potassium permanganate crystals.
24. One copy of first-aid leaflet issued by the Directorate General of Factory Advice Service and Labour Institutes, Government of India, Bombay.