



मुंबई पोर्ट ट्रस्ट  
MUMBAI PORT TRUST



सामान्य प्रशासन विभाग  
पोर्ट भवन, दूसरा माला  
शूरजी वल्लभदास मार्ग, बॅलार्ड इस्टेट  
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**PUBLIC RELATIONS CELL**

**PRESS RELEASE**

**MUMBAI PORT TRUST WON ALL INDIA MAJOR PORTS WEIGHT-LIFTING  
& BODY BUILDING CHAMPIONSHIPS**

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Mumbai Port Trust has won All India Major Ports Weight-Lifting & Body Building Championship held ON on 21<sup>st</sup> and 22<sup>nd</sup> January 2017 at Jawaharlal Nehru Port Trust.

69 employees were participated in the tournament from six Major Ports, viz., Mumbai Chennai, Visakhapatnam, Kolkata, Mormugao and Jawaharlal ZNehru Port Trust held at Jawaharlal Nehru Port Trust.

Mumbai Port Trust won the team championship in both Weight-Lifting Championship with 5 Gold, 2 Silver and 2 Bronze medal and Body-Building Championship with 2 Golds, 21 Silver and 2 Bronze medals.

In Body-Building Shri Suhant Jadhav of MbPT won "MR. MAJOR PORT TRUST" and Shri Sagar Ambokar of MbPT was adjudged the "BEST POSER".

In Weight-Lifting, Shri Shubham Phakade of MbPT won "STRONG MAN OF THE MAJOR PORTS" Title and Shri Ghanshyam Desai of MbPT was adjudged the "STYLIST LIFTER"

Mumbai, dated 25<sup>th</sup> January 2016

(R.S. Chalke)  
CHIEFF PRO (I/c.)

